## **KG-022A**

## Adi K Irani

Delia DeLeon's apartment, London, UK February 17, 1970 29:49

Note: Continuation of KG-021B

## **Content**

Apparently a talk recorded in London. What should please Baba most about a person's life. What life would he want me to lead? It is all there in Baba's writing, though one can ask the mandali and those who had long contact with Baba, though their advice will be out of their long contact rather than directly from Baba (inference). Baba: "Man is full of various things, including some love. Decide what you want."

Adi says, "Be firm on your decision.

A rolling stone grows no moss. Bear your own burden, and for your own redemption and salvation you should know to lead with honesty, no promiscuity, (some minor desires are no big deal), no coveting others, be simple."

Yoga as spiritual discipline is all nonsense. Experiences from such a path are ephemeral, irrelevant in the end. Reality is enduring, and non-enduring aspects are irrelevant.

Adi had arguments with some yogis over the years, one from Ahmednagar who meditated for like 12 hours a day for 20 years, who had faith in Baba, but his aim was to achieve something -- peacefulness of mind, he said. But when hustle and bustle would take place, the yogi used to be frustrated. He absolutely could not endure being around Baba, whose presence inevitably created "hustle and jostle." Loving Baba: spiritual life should be natural, Adi remarking that nothing mechanical should be in one's life. Our mind races very fast, our heart is slow, so we have to slow down the mind and speed up the heart.

Baba said, "Illusion is my product.

Don't want that it should be destroyed. Its worth is like a scaffolding. There is a purpose behind it but after the purpose is served it is to be thrown off."

It isn't that easy to overcome one's desires now. In the direct presence of Baba it was easy to overcome one's desires, because Baba was a furnace, and in his presence it was not a problem. It is more difficult for "us" now. Everybody can solve his own problems out of the gift that has been given to us by Baba. Baba's literature is to be meditated over, and that will help. In his own experience, reading something for even five times might be necessary to get the full impact of some of the material in them. As you abstain from action, you are helped and freed from it, as Baba often said to them.

Whatever Baba did, He knew what He did, and He solved many of our problems of our

sanskaras by his inner workings, which sometimes consisted of creating bother and frantic action. Adi's feeling is that keeping one occupied in some things, so engrossed by them, that one forgets oneself in this confusion, and at this time Baba was working on the sanskaras of them. Maybe His work was done on you in the course of the confusion, or you were working in confusion for someone else, but it was Baba's work and they did it because Baba told them to do it.

Aurobindo Ghose was a great saint, and Adi read his writings. But Adi found his writings to be not applicable to the ordinary man in the street, whereas Baba's writings are applicable to such a man. Avatar is more for the future than for the present, but still at present there are more followers of Baba while He was in the body than in other avataric advents. Adi once asked Baba why humanity doesn't learn to accept the Avatar during his advent. Baba rejoined that it is not the fault of humanity, but Baba's law that it should be so. [You can really hear Baba's tone of voice and manner of expressing Himself by listening to Adi recount conversations with Baba, like this one, that he had.]

## New Life:

(gap in tape) ...sleep under trees, out in the open. Walking from here to Benares, but there is one small incident, when Baba sent me out with two others in advance, Ghani and Babadas and Adi went without money to buy food -- take the train and arrange for three things (rest of this story is in the stories of the New Life).

Najibabad to Haridwar. Ghani aged man in poor health, Babadas was ailing as well. Some little food given to us was finished on the way. Dharamshala is free, we went there but there was no room, but still Adi forced his presence on the man there and occupied a room with the beddings. The job was to find someone to give food for the next day, and for a house with hot water for bath, and man who would buy the tickets to Haridwar. Some money was there for the horse carriage to make the arrangements, so Adi hired a tonga. Found a man who was prepared to feed the complete party...

Tape ends abruptly.