
Futile To Get Angry

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2:30

ERUCH: This reminds me of another little episode, you see, of cooling down and all that. What happens is this is the example given by Ramakrishna Paramahansa to us. You have heard of

PILGRIM 1: Yes, yes, yes.

ERUCH: Famous people you see, India is blessed to have so many.

PILGRIM 1: So many.

ERUCH: Beautiful flowers in the garden, you see. So, Ramakrishna one day tells this episode, little figure that he has given us. This is how futile it is for one to get angry like that and respond in anger.

It is like this, he says. "A person is going upstream in a boat." You know, he used to live near the river, Alighat. So how futile it is. "A person is going up the stream in a boat and downstream comes rushing another boat and it is about to crash against this boat and then disaster. So all of a sudden he's seeing the boat rushing towards him downstream. He's struggling upstream. And he starts shouting. And he shouts at the top of his voice. "Hey, stop it. Turn the other side. What are you doing?"

PILGRIM 1: [Inaudible]

ERUCH: And then, when it comes close to him and he sees that there is nobody inside the boat. So do you mean to say that you

will continue to shout at the person? No, he will himself take it aside to save. So he says, "That's how when persons, both, two persons lose their temper and all that, it's best that you all should calm down because the captain of the ship is not there."

PILGRIM 1: No. But actually I have read some reading which said that anger is such a bad thing that even you can.

ERUCH: Yeah.

PILGRIM 1: That even you can get not only the blood pressure but you can get the blindness. This is the limit of it. Naturally I am suffering from my eyesight. I have been trying to hold my anger as much as I possibly can. But of course the human body and moment for it the way I was treated. Naturally I felt it. [crosstalk]

PILGRIM 1: Lady here, she said that you must take it as a blessing. She is opposite there I think. I don't know the names.

ERUCH: Who? Who is that lady? That lady.

PILGRIM 1: She said, take it as a blessing. And I kept. I really took it as a blessing.

ERUCH: It is a blessing. Didn't Baba give you? [crosstalk]

PILGRIM 1: And here I am. Otherwise I have no opportunity to see all these,

[crosstalk] with you all. Even exchange what ideas I am having.