

---

## ERUCH'S MIGRAINE

---

**Eruch Jessawala**

Mandali Hall, Meherazad, India

July 20, 1985

5:32

**ERUCH:** But we feel little thorn, little this, little headache, little. Yeah one day it so happened about headaches [inaudible]. A headache is terrible, I know what a headache means, because I have also headaches sometimes. And I had terrible headaches. I don't know why. When I was young, youngster. I don't know why I developed that? You know what do you call neurologic pain you call. Half headache we used to call at that time.

**PILGRIMS:** Migraines.

**ERUCH:** It's a half thing you see. Migraine has half headache or whole headache?

**PILGRIM 1:** Depends.

**PILGRIM 2:** Travels. Migraine travels [crosstalk].

**ERUCH:** So when I was a youngster I still remember, I was so pestered with this headache. Unbearable headache. So there was a person who. Means family people, strong people, men who would catch hold of my this side was there. Catch hold of my this you see. All night they would be there just pressing there only then I could. Couldn't sleep but at least that I could bear that. It went on for I think 10-15 days like that. And doctors were called and they gave me medicines. Nothing seemed to affect. There was one shabby looking doctor. And because my father could afford well afford to do many things and

he did it but nothing seemed to give me relief. So he. Somebody should be there to give relief. So he came forward and he says, "All that I'll have to do is to give him an injection here." "What inside the eyes?" He said, "No not inside the eyes but here somewhere." He gave me. I still remember that. And there he said, "Don't be afraid he'll get a big blister." Have you'll heard of this sort of thing?

**PILGRIM 2:** No, no never heard.

**ERUCH:** Listen to what happened.

**PILGRIM 3:** [Inaudible] nerve.

**ERUCH:** Yeah. So what he said was don't be afraid if there's a big blister on the eye here. But one important thing is that it shouldn't be made to burst. So sure enough he gave me the injection. Pain subsided. And then there was a blister. And I was made to lie in bed all the time. I would move out to piddle or to do this. Or for depositing as you'll call it [pilgrims laughing]. So then. And I was one day fast asleep and Merwan had just grown up. And he had learned to climb. Learned how to stand up. So my bed was [Eruch and pilgrims laugh].

And what happened he stood up. He was in glee you know that he won the. He seemed to have climbed the peak of the Himalaya he could stand up like that [general laughter]. And he was so much in

glee that he gave me a one rap on my head you know and burst the whole blister. Luckily I shut my eyes and all that and that is the end of my headache. I haven't had anything like that since then. Yeah. But I know. What I mean to say is that I know what headaches mean. That's why I gave you this example.

Headaches are a nasty thing. Like the other things stomach ache, cramps, this everything is nasty of course. So there's a fine story about Rabia who was a great saint like Meera. So one day in her company there came people who used to come and sit around her. And do what? Nothing, wile away their time and think of the Lord. You know there are different types of merry making. There are different types of merry making and grade. That is grades of merry making. This is the highest type of merry making. To be in the midst of the great ones and yeah. That's the height. Height of merry making.

So they were having a good time. And in one of the sittings what happened? There came a young man like you're Ebben who is here. Where is he? He's not here today?

**PILGRIM 1:** He's playing guitar.

**ERUCH:** He's playing guitar. So he came and he had tied a bandage around his

head, forehead and head. So in the course of her conversation she looked at him and says, "What's the matter? Why have you tied your head like that? Why is this turban you put?" So, "Oh I've got a severe headache. I can't bear it." "Huh, you can't bear it. All these years did you have any headache?" "No." "Did you praise the Lord for not having the headache. Only one day He gave you the headache and you are putting a big flag on your head you know showing how much worried and how much suffering you have?" [general laughter]. She called it a flag to draw the attention of the Lord and the people yeah. That he's suffering. It's like that.

"All the years you didn't have it. Did you put a flag there saying that best be the Lord for keeping me safe and all that? Did you say anytime? Do you ever think of Him like that? One day you have that and [inaudible]." See how it is.

**PILGRIM 1:** Yeah. So stupid we are. We need to suffer.

**ERUCH:** See. Yeah. So this is the awakening. This is the awareness He gives us when He comes. We always count our woes but are unmindful of the blessings that are bestowed upon us every moment of our lives.