## **Weight of Impressions**

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**PILGRIM** #1: Can you explain grace and then one's own striving?

ADI: Yes?

**PILGRIM** #1: The difference you know, where it's Baba's grace and then one strives to reach Baba.

**ADI:** Yes, what is the question?

**PILGRIM** #1: I don't understand the difference, you know, where it's all Baba's grace or one strives and is able to do it on one's own.

**ADI:** In your striving is also Baba's grace and Baba's will. [sound of pilgrims laughing] Yes.

**PILGRIM #2:** He said that, then we had free will before. In the sense and then it seems like it sounds contradictory.

**ADI:** Free will before?

**PILGRIM #2:** He said that individuals have free will. I guess that's more discrimination.

**ADI:** You see in fact, in the final analysis all individual wills put together is that universal will. There are no individuals. The very thought of this having individual wills, individual bodies, individual minds is a misnomer. It's a, Baba says it's nothing at all. It's an illusion. It's an illusion that creates this divisions in the one life.

Baba says God is one, man is one, life is one, love is one, everything is one.

But the apparent differences which we experience is because of our own impressions. That impressions has created a curtain divide, keeping us aloof from God. God means our real self. Baba says that your real self is I. Nobody but I. If you realise yourself, you will come to know who I am. Because I am you.

There are no two things, but for us, there are. Because we are in ignorance. Now, why this ignorance divides. Impression has got a really great force.

I will give you a small anecdote. A man is prejudiced against somebody. Supposing a man is prejudiced against his own wife. That this wife goes with some other man. The woman is very straight, the wife is very straight and really she's very straight and honest and straightforward and virtuous but this man somehow or the other got the impression against her. And he wants to take a gun and shoot her. Look at the power in that prejudice. He doesn't go through the facts, he doesn't see things objectively at all.

Now imagine the impressions that we are carrying through hundreds and thousands of lives previously. How much they weigh upon our mind. How difficult would it be to erase those impressions.

These are the impressions that come the way and separate us from God, from our real self.

Nothing else. But how can you take out those impressions? How can I take myself out of my me? It is very difficult. So the grace of the Master is necessary.

The grace and the love of Master enters in you and flushes you of all your impurities, all the previous impressions. Provided you keep your heart and mind open to Him. If you close it down, if you close down the doors and windows of your house and start shouting at the top of your voice, there is no sunshine, there is no sun.

Somebody says there is no sun, I am in darkness here. But go and open your

window, go and open the door, there is plenty of sun outside. Then of course if he does it, he's lucky, then he gets the sunshine. Otherwise he dies in the darkness. And he's buried in his own ignorance.

Maybe for how many ages we do not know. Until some Perfect Master may come around and take pity on him and kick the door and open it and this fellow comes out and enjoys the sunshine of His grace and blessings.